



Physical Education Health Notification Form and Illness/Injury Participation Policy Elementary, Junior High, High School PE

If your child has diagnosed allergies, respiratory, auditory, visual, or other physical limitations that the Physical Education teachers need to be aware of, please complete and return the form below or a note with the same information:

Student Name: _____ Grade: _____

Health Issue: _____

Guardian Name (print)

Date

Guardian Signature

Note to be excused from Physical Education:

If your child is unable to participate for extended period of time (more than 3 days), an excuse from a doctor is required stating the number of days or weeks the child is to be excused. If your child is limited to certain activities, this should also be included on the form.

If your child should be excused from Physical Education class for one, two, or three days, a note from home is required with the following items on the note:

- A. First and last name of child
- B. Number of days to be excused (1, 2, or 3)
- C. Reason for excuse
- D. Signature of parent or guardian

This policy parallels the Student Handbook policy that states, "Illness--If a student misses more than 3 days in a row due to an illness, a doctor's note must be provided in order for the absence to be excused."